

ORGANISER



3RD ORTHOPAEDIC CLINIC
HYGEIA HOSPITAL
ATHENS, GREECE

CO-ORGANISER



SOCIETÀ ITALIANA ARTROSCOPIA
GINOCCHIO, ARTO SUPERIORE,
SPORT, CARTILAGINE, TECNOLOGIE
ORTOPEDICHE



SOCIÉTÉ FRANCOPHONE
D'ARTHROSCOPIE (SFA)

4th Athens Shoulder Course

5-8 February
2020

Cadaver
Sessions on
Specific
Techniques

National &
International
Faculty

Special
Physiotherapy
Workshop

Live &
Relive
Surgeries

COURSE CHAIRMAN:
MANOS ANTONOGIANNAKIS
manosanton@gmail.com

ORGANIZING & SCIENTIFIC
COORDINATOR
MANOS BRILAKIS
emmanuel.brilakis@gmail.com

VENUES:

ROYAL OLYMPIC HOTEL, ATHENS

LABORATORY OF ANATOMY,
MEDICAL SCHOOL, UNIVERSITY
OF ATHENS

FINAL PROGRAM

A|S|C

Athens Shoulder Course

visit the official website for further information
www.athens-shoulder-course.com

UNDER THE AUSPICES:



4th Athens Shoulder Course



SCIENTIFIC PROGRAM

Wednesday, 5 February 2020

Royal Olympic Hotel

Olympia
Hall

14:30 - 15:30 **Session 1**

Biceps Tendon

Moderators: **Ilias Bisbinas** | **Miltiades Ziogas**

SLAP II lesions in the overhead athletes; Pathology or adaptation

Christos Sinopidis

SLAP II lesions: repair or tenodesis

John Costouros

The long head of biceps. Why not just a tenotomy

Andreas Panagopoulos

Tenodesis of biceps. But where is it better. Entry of the groove, in the groove, subpectoral

Roshan Wade

Discussion

15:30 - 16:45 **Session 2**

Biceps Tenodesis

Moderators: **Ioannis Chiotis** | **John Costouros**

Intrarticular tenodesis, the lasso loop technique. Maybe the easiest way to go

Antoon Van Raebroekx

Biceps tenodesis. The Keyhole technique. Avoiding implants

Jean Kany

Subpectoral tenodesis of the biceps. Avoiding all pain generators

Andreas Voss

Mini open subpectoral tenodesis. Simple and safe

Enrico Gervasi

Biomechanical comparison of arthroscopic sub-pectoral biceps tenodesis techniques

Vladimir Senekovic

Discussion

16: 45- 17:15 **Coffee break and exhibition visit**

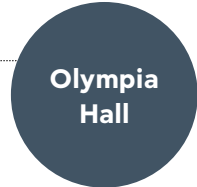




5-8 February
2020

www.athens-shoulder-course.com

SCIENTIFIC PROGRAM



Wednesday, 5 February 2020

Royal Olympic Hotel



AC Joint dislocation. How to fix it right?

Moderators: **Ladislav Kovacic** | **Grigoris Avramidis**

Panelists:

Frank Martetschlager
Anastasios Deligeorgis
Dimitrios Alexakis
Klaus Bak

17:15 - 18:45

Session 3

🕒 20min

AC Joint

Moderators: **Mustafa Karahan** | **Dimitrios Kostopoulos**

Treatment options for acute type III AC joint dislocation

Ioannis Triantafyllopoulos

The painful chronic AC joint dislocation

Ladislav Kovacic

Arthroscopic stabilization of AC joint dislocation. Addressing the horizontal component of instability

Frank Martetschläger

Recurrences and complications of the AC joint surgeries. What to consider for optimizing the results

Klaus Bak

Considerations for AC joint injuries. Controversies and consensus

Claudio Rosso

Degenerative AC joint. When to operate and how to do it right

Georgios Arealis

Discussion



4th Athens Shoulder Course



SCIENTIFIC PROGRAM

Wednesday, 5 February 2020

Royal Olympic Hotel



Olympia
Hall

18:45 - 20:00 **Session 4**

Shoulder problems in athletes

Moderators: **Pantelis Nikolaou** | **Konstantinos Kateros**

Impingement syndromes of the shoulder. It is not only subacromial

Philippe Clavert

SSN release. Superior glenoid notch spinoglenoid notch. Tips to do it safe

Antoon Van Raebroekx

Shoulder pain in athletes: The proper steps from diagnosis to successful treatment

Knut Beitzel

Shoulder pain in the overhead athlete. The role of the scapula

Gonzalo Samitier

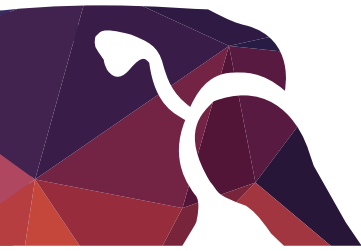
Scapula Dyskinesia : Yes the scapula is important but how to correct it

Ajit Dabholkar

Discussion

20:15

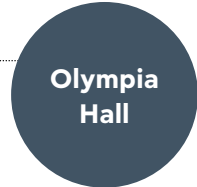
Participant's Welcome Ceremony



5-8 February
2020

www.athens-shoulder-course.com

SCIENTIFIC PROGRAM



Thursday, 6 February 2020

Royal Olympic Hotel

08:00 - 09:30 **Session 5**

Instability - General Topics

Moderators: **Nikolaos Piskopakis** | **Clara Azevedo**

Classifying the severity of instability. The ISIS score

Ilias Mataragkas

MRI and CT scan evaluation of instability

Margarita Natsika

The Stanmore Triangle taking everything into consideration

Dimitrios Alexakis

Atraumatic instability. How to re-educate muscles to unlearn

Victor Danzinger

Posterior and multidirectional instability. When to operate and what to do

Zinon Kokkalis

Understanding the unstable shoulder

Alessandro Castagna

Discussion

09:30 - 10:45 **Session 6**

Instability Soft Tissue Procedures

Moderators: **Philippe Clavert** | **Klaus Bak**

1st time dislocators. The best time to operate

Mustafa Karahan

Remplissage. The game changer in soft tissue procedures

Emmanouil Brilakis

Bankart repair and Remplissage. How to do it right

Antonio Cartucho

ASA repair addressing the anterior capsule deficiency

Marco Maiotti

ASA repair. Our technique and results. Making it even safer

Emmanouil Brilakis

Discussion





4th Athens Shoulder Course



SCIENTIFIC PROGRAM

Thursday, 6 February 2020

Royal Olympic Hotel



Olympia
Hall

10:45 - 11:15 Welcome addresses

Moderators: **Emmanouil Antonogiannakis** | **Emmanouil Brilakis**

11:15 - 11:30 Break & exhibition visit

11:30 - 13:00 Session 7

Instability - Bony Procedures

Moderators: **Anastasios Georgoulis** | **Bruno Toussaint**

The classic open Latarjet. Tips to do it safe and effective

Nuno Gomes

Long term results of open Latarjet

Benjamin Marjanovic

Arthroscopic Latarjet screw fixation. Tips to make a difficult operation easier

Berte Bøe

Latarjet with locking double button fixation. Should we abandon the screws ?

Philippe Valenti

Arthroscopic modified Eden-Hybinette with button fixation. A safe and effective way to restore anterior stability

Emmanouil Antonogiannakis

What we have learned from the bone-loss discussion

Tom Clement Ludvigsen

Discussion

13:00 - 13:45 Lunch break and exhibition visit



5-8 February 2020

www.athens-shoulder-course.com

SCIENTIFIC PROGRAM



Thursday, 6 February 2020

Royal Olympic Hotel

13:45 - 15:15

Session 8

Live Surgery

Moderators: **Giuseppe Milano** | **Berte Bøe**



Instability

<p>Live surgery broadcast and relive videos will be interspersed</p>	<p>Relive Surgeries - "My Latarjet"</p>
	<p>Arthroscopic Latarjet. How I do it Philippe Valenti</p>
	<p>Arthroscopic Latarjet button fixation Michel Azar</p>
	<p>Arthroscopic latarjet with a posterior guide. A way to stay far from the neurovascular structures Bruno Toussaint</p>
	<p>Arthroscopic Latarjet. How to avoid complications Jean Kany</p>



Discussion

15:15 - 16:45

Session 9

Rotator Cuff - General Topics

Moderators: **Panagiotis Skandalakis** | **Theodore Troupis**

Anatomical tips relevant to shoulder surgery

Aristeidis Zibis

Natural history of a rotator cuff tear

Ana Catarina Ângelo

MRI evolution of a rotator cuff tear

Apostolos Karantanas

Patient personality and pain management

Eleni-Christina Isaia

How the shoulder compensates after a rotator cuff tear or how to transform a symptomatic to an asymptomatic tear

Eliyahu Adar

How anesthesiologists make the surgeon's life easier?

Eirini Sarri

Discussion

4th Athens Shoulder Course



SCIENTIFIC PROGRAM

Thursday, 6 February 2020

Royal Olympic Hotel

Olympia
Hall

16:45 - 17:15 Coffee break & exhibition visit

SCR How to do it right

Moderators: **Teruhisa Mihata** | **Emmanouil Brilakis**

Panelists:

Clara Azevedo

Ana Catarina Ângelo

Jean Kany

John Costouros

⌚ 20min

Tea
DEBATE

17:15 - 18:30

Session 10

Rotator Cuff Tears and Stiffness

Moderators: **Konstantinos Karliaftis** | **Giuseppe Milano**

Calcifying tendonitis. Conservative treatment. When to operate?

Results and recurrences

Vasileios Chouliaras

Stiff shoulder. Ignoring the pain and keep moving. The French experience

Pascal Gleyze

Anterior or lateral acromioplasty. Is it always necessary?

Edward McFarland

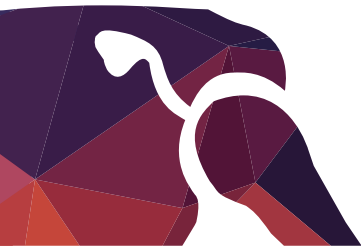
Partial thickness rotator cuff tears. Treatment options

Christos Yiannakopoulos

Arthroscopic repair of the subscapularis

Bruno Toussaint

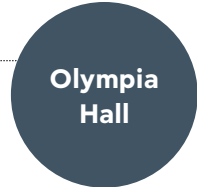
Discussion



5-8 February
2020

www.athens-shoulder-course.com

SCIENTIFIC PROGRAM



Thursday, 6 February 2020

Royal Olympic Hotel

18:30 - 20:15

Session 11

Rotator Cuff Repair

Moderators: **Philippe Valenti | Emmanouil Fandridis**

Posterosuperior rotator cuff tears. Recognizing the tear patterns

Apostolos Stathellis

Posterosuperior tears. Single row is the way to go

Michael Hantes

Posterosuperior tears. I would prefer double row

Chrysanthos Chrysanthou

Arthroscopic transosseous repair. Can we avoid implants?

Maristella Francesca Saccomanno

Posterosuperior tears. Single row, double row or transosseous repair.

Where is the future?

Alessandro Castagna

Enhancing tendon healing. How we can improve the biological healing (PRP, Stem cells, Bone Marrow, Grafts)?

Felix Savoie

Patch augmentation of a rotator cuff repair

Paolo Avanzi

Discussion

21:00

Course Gala Dinner



4th Athens Shoulder Course



SCIENTIFIC PROGRAM

Friday, 7 February 2020

Royal Olympic Hotel



Olympia
Hall

08:00 - 09:30 **Session 12**

Irreparable Massive Rotator Cuff Tears

Moderators: **Bassem Elhassan** | **Panagiotis Dimakopoulos**

Debridement, tenotomy of biceps, partial repair and the inspace balloon.
Our experience

Grigorios Avramidis

The inspace Balloon. How does it work ?

Eliyahu Adar

Superior capsule reconstruction for irreparable rotator cuff tear.

The history of a brilliant idea. Indications, clinical results and biomechanics

Teruhisa Mihata

Superior capsule reconstruction with Fascia Lata. The original.

The experience in Europe

Clara Azevedo

Superior capsule reconstruction with the long head of biceps.

From pain generator to humeral head stabilizer

Achilleas Boutsiadis

SCR with the hamstrings

Giuseppe Milano

Discussion

09:30 - 10:30 **Session 13**

Tendon Transfers

Moderators: **Emmanouil Antonogiannakis** | **Teruhisa Mihata**

Massive irreparable rot cuff tears. Finding the best motor to replace the lost ones

Bassem Elhassan

Lattisimus Dorsi transfer for posterosuperior tears. Indications.

The best way to do it

Enrico Gervasi

Lower trapezius for posterosuperior tears. How to do it right

Bassem Elhassan

Lower trapezius transfer extended with semitendinosus autograft

Philippe Valenti

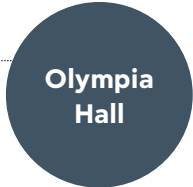
Discussion



5-8 February 2020

www.athens-shoulder-course.com

SCIENTIFIC PROGRAM



Friday, 7 February 2020

Royal Olympic Hotel

10:30 - 11:30 Session 14

Irreparable Massive Rotator Cuff Tears

Moderators: **Tom Clement Ludvigsen** | **Jean Kany**

I would manage with partial repair and Balloon

Emmanouil Antonogiannakis

I would manage with superior capsule reconstruction

Teruhisa Mihata

I would manage with lower trapezius tendon transfer

Bassem Elhassan

I would manage with Latissimus Dorsi tendon transfer

Enrico Gervasi

Discussion



11:30 - 11:45 Break & exhibition visit

11:45 - 13:15 Session 15

Live Surgery

Moderators: **Alessandro Castagna** | **Felix Savoie**



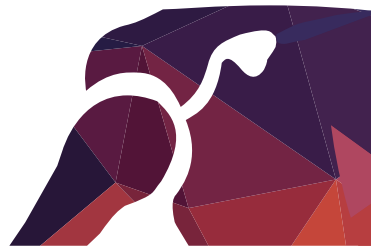
Rotator Cuff Repair

	Relive Surgeries
Live surgery broadcast and relive videos will be interspersed	Superior capsule reconstruction Teruhisa Mihata
	Arthroscopic assisted lower trapezius transfer for posterosuperior cuff tear Bassem Elhassan
	Arthroscopic Lattisimus Dorsi transfer Jean Kany

Discussion



4th Athens Shoulder Course



SCIENTIFIC PROGRAM

Friday, 7 February 2020

Royal Olympic Hotel

Olympia
Hall

13:15- 13:30

Session 16

Special Topic

Moderator: **Bassem Elhassan**

Why not a combination of SCR with tendon transfer

Philippe Valenti

Discussion

13:30 - 14:30

Lunch break & exhibition visit

How to do it right. Total shoulder arthroplasty

Moderators: **Emmanouil Antonogiannakis** | **Emmanouil Fandridis**

Panelists:

Alessandro Castagna

Enrico Gervasi

Efstathios Chronopoulos

John Feroussis

🕒 20min

Luncheon
DEBATE

14:30 - 15:30

Session 17

Arthritis and Arthroplasty

Moderators: **John Maris** | **Alessandro Castagna**

Arthritis in young patients. Non-arthroplasty options

Felix Savoie

Anatomic total shoulder arthroplasty. Is there still a place?

Emmanouil Fandridis

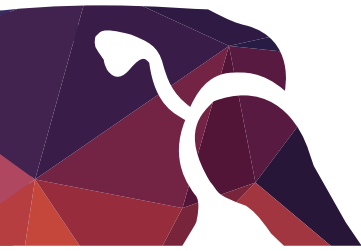
Stemless shoulder arthroplasty. How to avoid complications?

Pericles Papadopoulos

Shoulder arthroplasty in young patients. Is it an option?

Peter Vezeridis

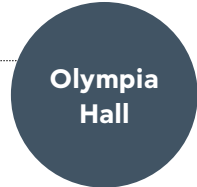
Discussion



5-8 February
2020

www.athens-shoulder-course.com

SCIENTIFIC PROGRAM



Friday, 7 February 2020

Royal Olympic Hotel

15:30 - 17:00

Session 18

Reverse Shoulder Arthroplasty

Moderators: **Edward McFarland** | **John Feroussis**

Laterilizing from the glenoid. The BioRSA and other options

Michel Azar

Laterilizing from the humerus. When to laterilize and when to distalize

Philippe Valenti

Reverse shoulder Arthroplasty and latissimus dorsi transfer

Philippe Clavert

Stemless reverse shoulder arthroplasty. Is the stem necessary in reverse shoulder arthroplasty?

Ofer Levy

The polyethylene glenosphere

Alessandro Castagna

Pre-op imaging and planning for reverse shoulder arthroplasty with or without specific software

John Costouros

Discussion

17:00 - 17:15

Session 19

Special Topic

Moderators: **Emmanouil Antonogiannakis** | **Emmanouil Brilakis**

PSI and navigation. The future is already here

Benjamin Marjanovic

Discussion

17:15 - 17:30

Break & exhibition visit

4th Athens Shoulder Course



SCIENTIFIC PROGRAM

Friday, 7 February 2020

Royal Olympic Hotel

Olympia
Hall

17:30 - 19:00 **Session 20**

Live Surgery

Moderators: **Felix Savoie** | **Pericles Papadopoulos**



Total Shoulder Arthroplasty

Live surgery
broadcast and
relive videos will
be interspersed

Relive Surgeries

How I do an anatomic shoulder arthroplasty

Enrico Gervasi

How I do a reverse shoulder arthroplasty

John Feroussis

How I do a stemless reverse TSA

Ofer Levy



Discussion

19:00 - 19:45 **Session 21**

Preoperative Planning

Moderators: **Ofer Levy** | **Ilias Mataragkas**

How I do it

Philippe Valenti

How I do it

Alessandro Castagna

How I do it

Emmanouil Antonogiannakis

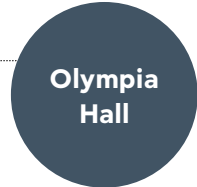
Discussion



5-8 February
2020

www.athens-shoulder-course.com

SCIENTIFIC PROGRAM



Friday, 7 February 2020

Royal Olympic Hotel

19:45 - 20:30 **Session 22**

Complications in Arthroplasty

Moderators: **Efstathios Chronopoulos** | **Panagiotis Efstathiou**

Failure of anatomic total shoulder arthroplasty. How to revise an anatomic to a reverse prosthesis

John Feroussis

Failure of reverse shoulder arthroplasty. One stage or two stage revision

Edward McFarland

Infected shoulder arthroplasty. The surgeon's perspective

Ofer Levy

Discussion

21:30

Greek Night

4th Athens Shoulder Course



Laboratory
of Anatomy,
Athens Medical
School

PRACTICAL SESSIONS ON CADAVERS

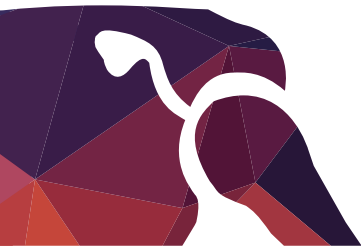
Saturday, 8 February 2020

Instructors-Cadaver Session

- | | |
|------------------------------|-------------------------------------|
| 1. Alexakis Dimitrios | 22. Kokkalis Zinon |
| 2. Ângelo Ana Catarina | 23. Koukos Christos |
| 3. Antonogiannakis Emmanouil | 24. Kovacic Ladislav |
| 4. Arealis Georgios | 25. Kyriakos Alexandros |
| 5. Avanzi Paolo | 26. Leonidou Andreas |
| 6. Avramidis Grigorios | 27. Ludvigsen Tom Clement |
| 7. Azar Michel | 28. Maiotti Marco |
| 8. Azevedo Clara | 29. Marjanovic Benjamin |
| 9. Bøe Berte | 30. Massoni Carlo |
| 10. Boutsiadis Achilleas | 31. Mataragkas Ilias |
| 11. Brilakis Emmanouil | 32. Papadopoulos Pericles |
| 12. Chiotis Ioannis | 33. Patsopoulos J. Iraklis |
| 13. Chrysanthou Chrysanthos | 34. Saccomanno Maristella Francesca |
| 14. Costouros John G. | 35. Samitier Gonzalo |
| 15. Deligeorgis Anastasios | 36. Sinopidis Christos |
| 16. Fandridis Emmanouil | 37. Stathellis Apostolos |
| 17. Galanopoulos Ilias | 38. Toussaint Bruno |
| 18. Gervasi Enrico | 39. Varvitsiotis Dimitrios |
| 19. Giannakovitis Petros | 40. Vezeridis S. Peter |
| 20. Gorgile Namdev | 41. Voss Andreas |
| 21. Kanellos Panagiotis | 42. Wade Roshan |

Instructors- Musculoskeletal Ultrasound Workshop

- | | |
|-------------------------------|---------------------|
| 1. Drakonaki Elena | 4. Laskari Katerina |
| 2. Giokits - Kakavouli Giasna | 5. Papoutsy Dimitra |
| 3. Katsifis Gkikas | |



5-8 February
2020

www.athens-shoulder-course.com

SPECIAL PHYSIOTHERAPY WORKSHOP

Saturday, 8 February 2020

Athens
Medical
School

08:00 - 09:30 Session 1

General Topics

Moderators: **Eliyahu Adar** | **Ajit Dabholkar**

08:00 - 08:20 Normal Shoulder: Functional anatomy, kinematics, biomechanics

Eliyahu Adar

08:20 - 08:30 Painful Shoulder: Conditions, acute pain, chronic pain

Sotiria Vrouva

08:30 - 08:40 Shoulder Impingement Syndromes

Georgia Petta

08:40 - 08:50 The patient after shoulder surgery. The role of the physiotherapist is not limited in therapy

Evangelos Georgakopoulos

08:50 - 09:00 The Importance of Scapula: Types of dyskinesia & rehabilitation

Ajit Dabholkar

09:00 - 09:30 Workshop: Scapular - Glenohumeral joint

Ajit Dabholkar

09:30 - 10:00 Session 2

Physical Therapy Modalities

Moderators: **Michael Seferiadis** | **Grigorios Avramidis**

09:30 - 09:40 Classical Physical therapy modalities (TENS, Laser, Trigger point therapy, etc.)

Dimitris Samios

09:40 - 09:50 Modern Physical therapy modalities (Shockwave therapy, TECAR, Diamagnetic pump, etc.)

Athanasios Tzevelekidis

Discussion

4th Athens Shoulder Course



SPECIAL PHYSIOTHERAPY WORKSHOP

Saturday, 8 February 2020

Athens
Medical
School

10:00 - 11:30

Session 3

Rotator Cuff

Moderators: **Georgia Petta** | **Ioannis Chiotis**

10:00 - 10:10

Rotator Cuff Disease: When to wait and when to repair

Grigorios Avramidis

10:10 - 10:20

Surgical options to increase the functional ability of the cuff (repair, SCR, ballon, tendon transfer)

Panagiotis Papadopoulos

10:20 - 10:30

Rehabilitation of the Cuff: How can we protect and strengthen the cuff?

Nikolaos Strimpakos

10:30 - 11:30

Discussion & Cases Presentation:

Postoperative rehabilitation, 3rd Orthopaedic department of Hygeia Hospital

- Massive Rotator Cuff tear repair
- Balloon
- SCR
- Tendon transfers

11:30 - 11:45

Coffee Break

11:45 - 12:15

Session 4

Calcific Tendonitis

Moderators: **Eleftherios Bournousousis** | **Anastasios Deligeorgis**

11:45 - 11:55

Calcific Tendonitis: Etiology and history treatment

Georgios Arealis

11:55 - 12:05

Physical Therapy options for pain management

Eleftherios Bournousousis

12:05 - 12:30

Discussion & Cases Presentation:

Surgery and rehabilitation, 3rd Orthopaedic department of Hygeia Hospital



5-8 February
2020

www.athens-shoulder-course.com

SPECIAL PHYSIOTHERAPY WORKSHOP

Saturday, 8 February 2020

Athens
Medical
School

12:30 - 14:00 **Session 5**

Shoulder Instability

Moderators: **Victor Danzinger** | **Emmanouil Brilakis**

12:30 - 12:40 Surgical options for the management of unstable shoulder: Bankart repair, Remplissage procedure, ASA, Bone Block procedure, Latarjet procedure

Emmanouil Brilakis

12:40 - 12:50 Rehabilitation following surgical treatment. Return to activities

George Koumantakis

12:50 - 13:00 Atraumatic multidirectional instability. Rehabilitation principles

Maria Patramani

13:00 - 13:10 Neuromuscular coordination in shoulder instability

Maria Papatzikou

13:10 - 13:20 Pacemaker for shoulder instability, what's new?

Victor Danzinger

13:20 - 14:00 **Discussion & Cases Presentation:**

Surgery and rehabilitation, 3rd Orthopaedic department of Hygeia Hospital

- Repair with soft tissue procedure
- Repair with bony procedure)

14:00 - 15:00 **Lunch Break**

15:00 - 15:30 **Session 6**

Biceps Pathology

Moderators: **Michalis Charalampidis** | **Apostolos Stathellis**

15:00 - 15:10 Painful Biceps Conditions (traumatic instability, slap lesion etc)

Dimitris Mantakos

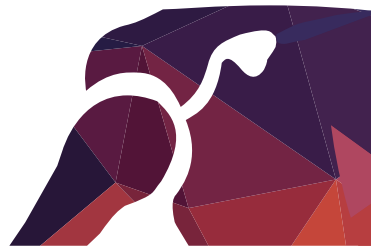
15:10 - 15:20 Rehabilitation after biceps surgery. Pain management and limitations to physical therapy

Michalis Charalampidis

15:20 - 15:30 **Cases Presentation:**

Surgery and rehabilitation, 3rd Orthopaedic department of Hygeia Hospital

4th Athens Shoulder Course



SPECIAL PHYSIOTHERAPY WORKSHOP

Saturday, 8 February 2020

Athens
Medical
School

15:30 - 15:50

Session 7

Stiff Shoulder

Moderators: **Maria Patramani** | **Dimitrios Mantakos**

15:30 - 15:40

Etiology, natural history of stiff shoulder. Treatment options:
Arthroscopy, Arthrolysis

Apostolos Stathellis

15:40 - 15:50

Treatment of the stiff shoulder (conservative treatment, therapy after surgery)

Konstantinos Sakellariou

15:50 - 16:30

Discussion & Cases Presentation:

Surgery and rehabilitation, 3rd Orthopaedic department of Hygeia Hospital

16:30 - 16:45

Coffee Break

16:45 - 18:30

Session 8

Shoulder Arthritis

Moderators: **Konstantinos Sakellariou** | **Emmanouil Antonogiannakis**

16:45 - 16:55

Etiology and natural history of arthritic shoulder

Anastasios Deligeorgis

16:55 - 17:05

Improve the biological joint. Non arthroplasty options

Ioannis Chiotis

17:05 - 17:15

Physical therapy role to non-arthroplasty patients (patient education, pain management, preserve the shoulder function)

Chrysovalantis Rizos

17:15 - 17:25

Shoulder Arthroplasty options (total, reserve, hemi)

Emmanouil Antonogiannakis

17:25 - 17:35

Rehabilitation depending on the arthroplasty type

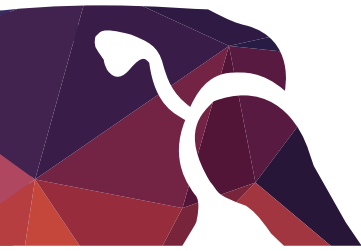
Konstantinos Psarogiorgos

17:35 - 18:30

Discussion & Cases Presentation:

Surgery and rehabilitation, 3rd Orthopaedic department of Hygeia Hospital

- Total shoulder arthroplasty
- Reverse shoulder arthroplasty



5-8 February
2020

www.athens-shoulder-course.com

Speakers - Chairmen - Moderators

Adar Eliyahu	MD, Retired Director of Orthopaedic Department, Edith Wolfson Medical Center, Holon, Israel
Alexakis Dimitrios	Director of Orthopaedics and Sports Injuries Department, Athens Euroclinic, Associate 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Ângelo Ana Catarina	MD, Shoulder and Elbow Surgeon, Orthopaedic Surgeon at University Hospital Centro Hospitalar de Lisboa Central EPE, Lisboa, Portugal
Antonogiannakis Emmanouil	MD, Orthopaedic Surgeon, Director of 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Arealis Georgios	MD, PhD, FRCS (Eng), Consultant Trauma and Orthopaedic Surgeon, Shoulder and Upper Limb Specialist, East Kent Hospitals University NHS Foundation Trust, United Kingdom
Avanzi Paolo	MD, Chairman of Shoulder Unit, Department of Orthopaedics and Traumatology, Sacro Cuore Don Calabria Hospital, Negrar, Verona, Italy
Avramidis Grigorios	MD, MSc, Orthopaedic Surgeon, Consultant, 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Azar Michel	MD, Orthopaedic Surgeon, Centre de l'Épaule du Grand Ouest (CEGO), Angers, France
Azevedo Clara	MD, Consultant Orthopaedic Surgeon, Shoulder Unit Coordinator Shoulder Surgery Unit, Department of Orthopaedics and Traumatology, Centro Hospitalar de Lisboa Ocidental, Hospital dos SAMS/ SBSI, GIGA Saúde, Lisbon, Portugal
Bak Klaus	Orthopaedic Surgeon, Kysthospitalet, Denmark
Beitzel Knut	M.A., MD, Head of Shouldersurgery, Arthroscopy and Orthopaedic Sportsmedicine, ATOS Orthoparc Clinic, Cologne, Research Consultant, Department of Orthopaedic Sportsmedicine, Technical University, Munich, Germany
Bisbinas G. Ilias	FRCS, FEBOT, MSc, PhD, Colonel in the Greek Medical Corps, Consultant/Clinical Director A' Orthopaedic and Trauma Department, 424 Military General Hospital, Thessaloniki, Greece

4th Athens Shoulder Course



Speakers - Chairmen - Moderators

Bøe Berte	MD, PhD, Orthopaedic Surgeon, Division of Orthopaedic Surgery, Oslo University Hospital, Norway
Bournousousis Eleftherios	Physiotherapist MSc, PhDcand, Public Relations Officer and President of the Attica Regional Department, Panhellenic Physiotherapists' Association, Athens, Greece
Boutsiadis Achilleas	MD, PhD, Military Orthopaedic Surgeon, 401 General Military Hospital of Athens, Greece
Brilakis Emmanouil	MD, MSc, Orthopaedic Surgeon, Consultant of 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Cartucho Antonio	MD, Orthopaedic Consultant, Head of Shoulder and Elbow Department, Hospital Cuf Descobertas-José de Mello Saúde, Lisbon, Portugal
Castagna Alessandro	MD, Associate Professor of Orthopaedics, Director, Residency Program in Orthopaedics, Department of Biomedical Sciences, Humanitas University, Director, Shoulder and Elbow Surgery, Humanitas Research Hospital, Milan, Italy
Charalampidis Michalis	Physiotherapist, OMT, Athens, Greece
Chiotis Ioannis	MD, PhD, MSc, Orthopaedic Surgeon, Consultant of 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Chouliaras Vasileios	Orthopaedic Consultant, General Hospital of Arta, 2 nd Vice President of the Hellenic Arthroscopic Association, Greece
Chronopoulos Efstathios	MD, PhD, Consultant Orthopaedic Surgeon, Associate Professor in Orthopaedic Surgery, National and Kapodistrian University of Athens, Konstantopoulou General Hospital, Athens, Greece
Chrysanthou Chrysanthos	MD, PhD, Consultant Orthopaedic Surgeon, NHS United Kingdom, Head of Upper Limb Clinic, Interbalkan Medical Center, Thessaloniki, Greece



5-8 February
2020

www.athens-shoulder-course.com

Speakers - Chairmen - Moderators

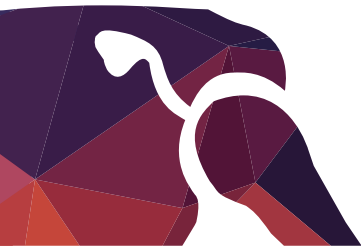
Clavert Philippe	MD, PhD, Professor, Chief of the Shoulder and Elbow Service, University Hospital Strasbourg, Scientific Secretary French Society of Arthroscopy, Past President of the French Society of Shoulder and Elbow, Strasbourg, France
Costouros G. John	MD, FACS, Assistant Professor Stanford University, Department of Orthopaedic Surgery, Chief of Shoulder Surgery, Institute for Joint Restoration and Research, California, USA
Dabholkar Ajit	PhD, Professor and Head Sports Physiotherapy, School of Physiotherapy, D.Y.Patil University, Nerul, India
Danzinger Victor	Research Fellow, Department of Shoulder and Elbow Surgery, Center for Musculoskeletal Surgery, Charité - Universitaetsmedizin Berlin, Campus Virchow Klinikum Berlin, Germany
Deligeorgis Anastasios	MD, MSc, Orthopaedic Surgeon, Consultant of 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Dimakopoulos Panagiotis	Orthopaedic Surgeon, Em. Professor of Orthopaedic Surgery, Greece
Drakonaki Elena	MD, PhD, PostDoc, ESSRDip, Consultant Radiologist, Independent US Practice, Heraklion, Greece
Efstathiou A. Panagiotis	MD, PhD, Orthopaedic Surgeon, President of the Hellenic Association of Orthopaedic Surgery and Traumatology, 2016, Athens, Greece
Elhassan T. Bassem	Professor of Orthopaedics, Rochester MN Mayo Clinic, USA
Fandridis Emmanouil	Orthopaedic Surgeon, Hand-Upper Limb and Microsurgery Department, KAT General Hospital, Athens, Greece
Feroussis C. John	MD, PhD, Senior Consultant, Head, Orthopaedic Department, Shoulder Service, Asklepieion Voulas Hospital, Athens, Greece
Galanopoulos Ilias	MD, PhD, Consultant Orthopaedic Surgeon, 1 st Orthopaedic Department, 401 General Army Hospital, Athens, Greece

4th Athens Shoulder Course



Speakers - Chairmen - Moderators

Georgakopoulos Evangelos	BSc Hons, MCMT, M.E.A.G.T Physiotherapist, Psychotherapist Gestalt, Athens, Greece
Georgoulis Anastasios	Professor of Orthopaedics, 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Gervasi Enrico	Chair of the Shoulder Unit, Casa di Cura "Giovanni XXIII", Monastier di Treviso, Past President of Italian Society of Arthroscopy (S.I.A.), 1 st Past President of SIAGASCOT, Italy
Giannakovitis Petros	Orthopaedic Surgeon, Sportsdoctor, Scientific Director "EUROMEDICA Kyanous Stavros", Thessaloniki, Greece
Gleyze Pascal	Orthopaedic Surgery, Department of Orthopaedic and Trauma Surgery, Saint Louis F-68300, Administrator of the National French Academy of Surgery, Past Administrator of the French Arthroscopic Society and President of European Shoulder Section - ESSKA, President of Sharing Health Foundation and Sharing Health Asia Corporate, President of Persomed Edition, Administrateur de la Fondation Crédit Mutuel pour l' Education et la Prévention Santé, France
Gomes Nuno	MD, Shoulder and Elbow Surgeon, Hospital da Luz, Porto, Portugal
Gorgile Namdev	MBBS, MS(ORTHO), Fellow Shoulder and Elbow, Knee and Shoulder Surgeon (Private Clinic), Formerly, Associate Professor (Orthopaedics) Miraj Medical College, Miraj, India
Hantes Michael	ESSKA General Secretary, Professor of Orthopaedics, Department of Orthopaedic Surgery, Faculty of Medicine, University of Thessalia, University Hospital of Larissa, Associate editor JBJS Case Connector, Editorial board member AJSM and KSSTA, Greece
Isaia Eleni-Christina	MD, MSc, Anaesthesiologist-Pain Specialist, Head of Pain Department, Hygeia Hospital, Athens, Greece
Giokits - Kakavouli Giasna	MD, Consultant Rheumatologist, Scientific Associate of Hippocraton Hospital of Thessaloniki, 4 th Department of Pathology, Private Practice Katerini, Greece



5-8 February
2020

www.athens-shoulder-course.com

Speakers - Chairmen - Moderators

Kanellos Panagiotis	MD, PhD, FEBHS, Orthopaedic Surgeon, Hand-Upper Limb and Microsurgery Department, KAT General Hospital, Athens, Greece
Kany Jean	MD, Shoulder Surgery, Clinique de l' Union, Ramsay-GDS, Saint Jean, France
Karahan Mustafa	Professor, Department of Orthopaedics, Mehmet Ali Aydınlar Acibadem University, Istanbul, Turkey
Karantanas Apostolos	Professor of Radiology, University of Crete, Chairman, Department of Medical Imaging, Heraklion University Hospital, Chairman, Department of Radiology, School of Medicine Head, Advanced Hybrid Imaging Systems, ICS - FORTH, Greece
Karliaftis Konstantinos	Consultant Orthopaedic Surgeon, 401 General Army Hospital, Athens, Greece
Kateros Konstantinos	Orthopaedic Surgeon, Consultant and Director A' Orthopaedics Department, General Hospital of Athens G. Gennimatas, Greece
Katsifis Gkikas	MD, PhD, RhMSUS, Director and Chief of Rheumatology Clinic, Naval Hospital of Athens, Greece
Kokkalis Zinon	MD, PhD, Assistant Professor of Orthopaedic Surgery, University of Patras, School of Medicine, Greece
Kostopoulos Dimitrios	MD, MC, Colonel, Consultant, Orthopaedic Department, 417 Hospital of Army's Shareholder Fund, Athens, Greece
Koukos Christos	Head of the Arthroscopic Division, EVK METTMANN, Germany
Koumantakis George	PhD, MSc, PT, Assistant Professor, Physiotherapy Department, University of West Attica (UNIWA), Athens, Greece
Kovacic Ladislav	Orthopaedic Trauma Surgeon, University Medical Centre Ljubljana, Department of Traumatology, Ljubljana, Slovenia
Kyriakos Alexandros	MD, MSc, Upper Limb Orthopaedic Surgeon, Bone and Joint Center and Upper Limb Surgery Unit, Euromedica General Clinic, Rhodes, Greece
Laskari Katerina	Rheumatologist, APPC Clinic, Laiko Hospital, Athens University Medical School, Greece

4th Athens Shoulder Course



Speakers - Chairmen - Moderators

Leonidou Andreas	PgDip, MSc, FRCS (Tr & Orth), Consultant Trauma and Orthopaedic Surgeon - Upper Limb / Sports Injuries, Athens Medical Centre, Greece
Levy Ofer	Professor, MD, MCh(Orth), FRCS, Consultant Orthopaedic Surgeon, Director, Reading Shoulder Unit, Royal Berkshire Hospital and Berkshire Independent Hospital, United Kingdom, Director, The Israeli Shoulder Institute, Herzelia, Israel
Ludvigsen Tom Clement	MD, Consultant Orthopaedic Surgeon, Orthopaedic Department, Oslo University Hospital, Oslo, Norway
Maiotti Marco	Chief of Shoulder Unit Clinica Mediterranea, Naples, Italy and Orthopaedic Specialist of Shoulder and Knee Unit, Clinica PIO XI, Rome, Italy
Mantakos Dimitrios	Orthopaedic Surgeon, Consultant, 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Maris S. John	Orthopaedic Surgeon, Athens, Greece
Marjanovic Benjamin	MD, Chief, Department of Arthroscopy and Sport Orthopaedic, Ortopedic Hospital Valdoltra, Slovenia
Martetschläger Frank	MD, Associate Professor, Head of German Center for Shoulder Surgery, ATOS Clinic Munich, Germany
Massoni Carlo	Orthopaedic Surgeon, Clinica PIO XI, Rome, Italy
Mataragkas Ilias	Consultant Orthopaedic Surgeon, Mouwasat Hospital, Al Jubail KSA, Saudi Arabia
McFarland Edward	The Wayne H Lewis Professor of Orthopaedic and Shoulder Surgery, Co-Director Division of Shoulder Surgery, The Johns Hopkins University, School of Medicine, Baltimore, MD, USA
Mihata Teruhisa	Department of Orthopaedic Surgery, Osaka Medical College, Takatsuki, Osaka, Japan



5-8 February
2020

www.athens-shoulder-course.com

Speakers - Chairmen - Moderators

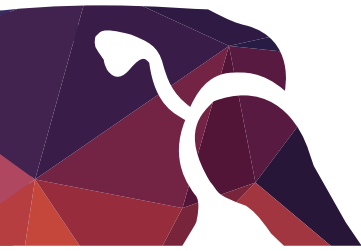
Milano Giuseppe	Full Professor and Chairman of Orthopaedics, University of Brescia, Italy, Director, Unit of Orthopaedics and Traumatology 2, “Spedali Civili” Hospital, Brescia, Italy, President of SIAGASCOT (Italian Society of Arthroscopy, Knee surgery, Upper limb, Sports traumatology, Cartilage repair and Orthopaedic Technologies), Executive Board Member of ESSKA (European Society of Sports Traumatology, Knee surgery and Arthroscopy), Chairman of ESA (European Shoulder Associates) - ESSKA Section Editor-in-Chief of Joints, Italy
Natsika Margarita	MD, Head of MRI Department, Kosmoiatriki Medical Center, Athens, Greece
Nikolaou K. Pantelis	MD, PhD, Orthopaedic, Director of Orthopaedic Clinic, Division of Sports Medicine, Athens Medical Center, Greece
Panagopoulos Andreas	MD, PhD, Assistant Professor in Orthopaedics, Patras University Hospital, General Secretary of Hellenic Arthroscopic Association, Greece
Papadopoulos Panagiotis	Orthopaedic Surgeon, Consultant, 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Papadopoulos Pericles	MD, Professor in Orthopaedics, Chairman of the 2 nd Orthopaedic Department, Aristotle University of Thessaloniki, G. Gennimatas Hospital, Thessaloniki, Greece
Papatzikou Maria	Physiotherapist NDT, Athens, Greece
Papoutsi Dimitra	Consultant, MSK Radiologist, Athens, Greece
Patramani Maria	Physiotherapist, Scientific Collaborator, 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Patsopoulos J. Iraklis	Dr. med Orthopaedic Surgeon, Director, 2 nd Sport Injuries Department, Euroclinic, Athens, Greece
Petta Georgia	PT, MSc, PhD, University of West Attica, President of Greek Hand Therapy Association, Greece
Piskopakis Nikolaos	MD, PhD, Director, Department of Orthopaedics and Sports Medicine, Athens Medical Center, Greece

4th Athens Shoulder Course



Speakers - Chairmen - Moderators

Psarogiorgos Konstantinos	PT, Int. Fellow, Dipl. Chiropr, Head of Physiotherapy Department, Metropolitan General Hospital, Athens, Greece
Rizos Chrysovalantis	PT, Mba, Physiotherapist, Athens, Greece
Rosso Claudio	Private Docent University of Basel, ARTHRO Medics, Shoulder and Elbow Center, Basel, Switzerland
Sacomanno Maristella Francesca	MD, PhD, Department of Orthopaedics, University Hospital "A. Gemelli", Rome, Italy
Sakellariou Konstantinos	MSc, Physiotherapist OMT, Athens, Greece
Samios Dimitris	MSc, Physiotherapist, Athens, Greece
Samitier Gonzalo	MD, PhD, FEBOT, Advanced Knee - Shoulder and Sports Medicine, Instituto Cugat, Barcelona, Spain
Sarri Eirini	Anesthesiologist, Hygeia Hospital, Athens, Greece
Savoie H. Felix	MD, Ray Haddad Professor and Chair, Department of Orthopaedic Surgery, Tulane University, New Orleans, La. USA
Seferiadis Michael	PT, MSc, HT Member of EFHT, Member of Educational Committee of Hellenic Scientific Society of Physiotherapy, Athens, Greece
Senekovic Vladimir	MD, PhD, Assistant Professor, Faculty of Medicine, University of Ljubljana, Director, Clinic Arbornean Medical Ljubljana, Slovenija, President of the Slovenian Society for Arthroscopic Surgery and Sports Traumatology, Slovenija
Sinopidis Christos	Consultant Upper Limb Surgeon, A' Orthopaedic Department, Aristotle University of Thessaloniki, European Interbalkan Center, Thessaloniki, Greece
Skandalakis Panagiotis	Professor of Anatomy and Surgical Anatomy, Medical School, National and Kapodistrian University of Athens, Director of the Department of Anatomy and Surgical Anatomy Medical School, University of Athens, Greece
Stathellis Apostolos	MD, PhD, Orthopaedic Surgeon, Sports Medicine, Consultant, 3 rd Orthopaedic Department, Hygeia Hospital, Athens, AGA Arthroskopeur, Greece
Strimpakos Nikolaos	Professor of Physiotherapy, Department of Physiotherapy, University of Thessaly, Greece



5-8 February
2020

www.athens-shoulder-course.com

Speakers - Chairmen - Moderators

Toussaint Bruno	Shoulder Surgeon, Teomera, Grand Saconnex, Switzerland
Triantafyllopoulos K. Ioannis	MD, MSci, PhD, FEBOT, Orthopaedic Surgeon, Director of the 5 th Orthopaedic Department, Hygeia Hospital, Athens, Greece
Troupis Theodore	General Surgeon, Associate Professor, Department of Anatomy and Surgical Anatomy, Medical School, National and Kapodistrian University of Athens, Greece
Tzevelekidis Athanasios	PT, MT, MSc, Physiotherapist, Athens, Greece
Valenti Philippe	MD, Past President AOT, SOFEC, Paris Shoulder Unit, Institut de la Main, Clinique Bizet, Paris, France
Van Raebroekx Antoon	MD, Shoulder Department, Imelda Bonheiden Belgium, President of Belgian Elbow and Shoulder Society (Belss), Belgium
Varvitsiotis Dimitrios	MD, PhD, Consultant of Orthopaedics, 8 th Orthopaedic Department Upper Limb Unit, General Hospital Asklepieio Voula, Athens, Greece,
Vezeridis S. Peter	MD, Orthopaedic Surgeon, Boston, Massachusetts, USA
Voss Andreas	MD, Associate Professor, Department of Trauma Surgery, University Hospital Regensburg and Sporthopaedicum Regensburg/Straubing, Germany
Vrouva Sotiria	MSc, PhD, Chief of Physiotherapy Department, 401 General Military Hospital, Scientific Collaborator, 3 rd Orthopaedic Clinic, Hygeia Hospital, Athens, Greece
Wade Roshan	Associate Professor, Department of Orthopaedics, KEM Hospital, Mumbai, India
Yiannakopoulos K. Christos	MD, PhD, Assistant Professor, Sports Medicine and Exercise Biology Section, School of Physical Education and Sports Science, National and Kapodistrian University of Athens, Greece
Zibis Aristeidis	Orthopaedic Surgeon, Associate Professor, Department of Anatomy, Medical School, University of Thessaly, Larissa, Greece
Ziogas K. Miltiades	MD, PhD, HA, MC, Head, A' Orthopaedic Department, 401 General Army Hospital of Athens, Greece

Unparalleled accuracy and new capabilities
in knee and hip replacement at HYGEIA Hospital
with **Mako™** robotic - arm assisted
orthopedic surgery.



Robotic technology at HYGEIA

Shaping the future
of orthopedic
surgery.

www.hygeia.gr